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**COMMITTEE ON HERBAL MEDICINAL PRODUCTS  
(HMPC)**

**DRAFT**

**COMMUNITY HERBAL MONOGRAPH ON *ARTEMISIA ABSINTHIUM* L., HERBA**

<b>DISCUSSION IN WORKING PARTY ON COMMUNITY MONOGRAPHS AND COMMUNITY LIST (MLWP)</b>	May 2008 July 2008 September 2008 November 2008
<b>ADOPTION BY HMPC FOR RELEASE FOR CONSULTATION</b>	6 November 2008
<b>END OF CONSULTATION (DEADLINE FOR COMMENTS)</b>	15 March 2009
<b>REDISCUSSION IN WORKING PARTY ON COMMUNITY MONOGRAPHS AND COMMUNITY LIST (MLWP)</b>	
<b>ADOPTION BY HMPC</b>	

Comments should be provided using this [template](#) to [hmpc.secretariat@emea.europa.eu](mailto:hmpc.secretariat@emea.europa.eu)  
Fax: +44 20 75 23 70 51

**KEYWORDS**

Herbal medicinal products; HMPC; Community herbal monographs; traditional use; *Artemisia absinthium* L.; Absinthii herba; wormwood herb

## COMMUNITY HERBAL MONOGRAPH ON *ARTEMISIA ABSINTHIUM* L., HERBA

### 1. NAME OF THE MEDICINAL PRODUCT

To be specified for the individual finished product.

### 2. QUALITATIVE AND QUANTITATIVE COMPOSITION<sup>1,2</sup>

<u>Well-established use</u>	<u>Traditional use</u>
	<p>With regard to the registration application of Article 16d(1) of Directive 2001/83/EC as amended</p> <p><i>Artemisia absinthium</i> L., herba (wormwood herb)</p> <p>i) Herbal substance Not applicable</p> <p>ii) Herbal preparations</p> <ul style="list-style-type: none"><li>- Comminuted herbal substance</li><li>- Expressed juice from the fresh herb (1:0.5-0.9)</li><li>- Tincture (1:5, ethanol 70% V/V )</li></ul>

### 3. PHARMACEUTICAL FORM

<u>Well-established use</u>	<u>Traditional use</u>
	<p>Herbal preparations in solid or liquid dosage forms or as herbal tea for oral use.</p> <p>The pharmaceutical form should be described by the European Pharmacopoeia full standard term.</p>

<sup>1</sup> The material complies with the Eur. Ph. monograph (01/2008:1380 corrected 6.0).

<sup>2</sup> The declaration of the active substance(s) for an individual finished product should be in accordance with relevant herbal quality guidance

#### 4. CLINICAL PARTICULARS

##### 4.1. Therapeutic indications

<u>Well-established use</u>	<u>Traditional use</u>  a) Traditional herbal medicinal product used in temporary loss of appetite.  b) Traditional herbal medicinal product used in mild dyspeptic/gastrointestinal disorders.  The product is a traditional herbal medicinal product for use in specified indications exclusively based upon long-standing use.
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##### 4.2. Posology and method of administration

<u>Well-established use</u>	<u>Traditional use</u>  <b>Posology</b> <i>Adults, Elderly</i> <b>Indication a)</b>  Daily dose  Herbal tea: 2-3 g of the comminuted herbal substance, divided in two to three single doses  Expressed juice: 10 ml, divided in two single doses  Tincture: equivalent to 2-3 g herbal substance, divided in two to three single doses  To be taken 30 min before meals  <b>Indication b)</b>  Daily dose  Herbal tea: 2-3 g of the comminuted herbal substance, divided in two to three single doses  Comminuted herbal substance in tablets: 2.28 g herbal substance, divided in three single doses  Expressed juice: 10 ml, divided in two single doses
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